



# Effect of Zeolite and Copper Sulfate, Administered Alone and in Combination on the Biochemical Components of Blood Serum of Common Carp, *Cyprinus carpio*

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## ABSTRACT

Effects of zeolite have been described on the biochemical parameters of blood of *Cyprinus carpio* exposed to copper sulphate. The control fish showed 57.67% increase in body weight over a period of 90 days. This increase was 26.45% after exposure to copper sulphate (2mg/L) and 32.01% after Zeolite treatment (60 mg/L). When Zeolite was administered along with copper sulfate the fish showed 46.24% increase in body weight. Blood sampling were made for the determination of hematological values (glucose (GLU), blood urea nitrogen (BUN), total protein (TP), albumin (ALB), globulin (GLB), creatinine (CR), total bilirubin (TBIL), uric acid (UA), and direct bilirubin (DBIL)) at 30, 60, 90 days. Fish weight increased 26.45%, 46.29%, 32.01% and 57.67% respectively in groups and differences between groups were significant ( $p < 0.05$ ). GLU, BUN, TP, ALB, GLB, CR, TBIL and UA values differed significantly among the groups ( $P < 0.05$ ). There were significant differences GLU, BUN, TP, ALB, GLB, CR, TBIL and UA values among the groups ( $P < 0.05$ ). TP value decreased, but GL, TBIL, UA and DBIL values of  $\text{CuSO}_4$  group increased significantly compared to control group ( $p < 0.05$ ). Therefore, it was suggested to use of clinoptilolite in rearing waters when there is a problem related to metals.

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## Authors' Contribution

EM conceived and designed the study. SA and TD collected and analyzed the data. TD and TY statistically analyzed the data. All authors contributed to writing of the article.

## Key words

Carp, copper sulfate, zeolite, hematology, heavy metal, toxicity

## INTRODUCTION

Arsenic, cadmium, chromium, copper, nickel, lead and mercury are the most common heavy metal pollutants in water sources (Kidwai and Ahmed, 1999; Yousafzai and Shakoory, 2006). Uptake of heavy metals occurred through absorption across the gill surface or through the gut wall in fish (Yousafzai, and Shakoory, 2008; Nwani *et al.*, 2009; Güllü *et al.*, 2014; Gündoğdu *et al.*, 2016). Copper contamination affects fish adversely and high concentrations can cause toxicity in fish (Woodward *et al.*, 1994). Copper showed varied effects on different species (Mazon *et al.*, 2002). It enters to fish body mainly via gill followed by liver, stomach and intestine and becomes much more toxic by combining with other contaminants such as ammonia, mercury and zinc in fish (Rompala *et al.*, 1984; Vinodhini and Narayanan, 2008). Exposures to copper toxicity caused to negative effects on body weight of fish (Schjolden *et al.*, 2007; Hamilton *et al.*, 1977), and on digestive enzymes and lipase (Sastri and Gupta, 1978). It is also reported that higher concentrations of  $\text{CuSO}_4$  damaged gill

epithelium, hematopoietic tissues, kidney, spleen and liver of fish (Nussey *et al.*, 1995; Mazon *et al.*, 2002; Figueiredo –Fernandes *et al.*, 2007). It is well known that hematologic parameters have been used in many studies for the description of fish health (Nussey *et al.*, 1995a; Mazon *et al.*, 2002; Carvalho and Fernandes, 2006; Singh *et al.*, 2008).

In 1960s, the first usage experiments of zeolites have been started with soil experiments in Japan. In Japan, the zeolite rocks have been used for increasing the productivity of volcanic soils by controlling the water content, and increasing the pH level. Clinoptilolite is one of the zeolites used for this purpose. Zeolites such as Bentonite and Mordenite -natural or synthetic crystalline aluminosilicates with ion exchanging properties have been used in animal production as supplemental feed additives to diets. Some of them such as Clinoptilolite have been used for preventing the toxic effects of minerals. By means of these important advantages of zeolites, they have attributed increasing attention of researchers. There are dozens of researches and experiments aiming to reveal the role and importance of zeolite use in agricultural production. The low concentration of clinoptilolite addition to diets has been shown to increase the body weight of animals and to improve the general health status (Mumpton, 1985; Tepe *et al.*, 2004). There are some controversial reports about

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the usage of zeolites in aquaculture. Tepe *et al.* (2004) advised using zeolite to remove excess ammonia from the waste waters. On the other hand, it was suggested not to use it for ammonia removal from pond waters (Silapajarn *et al.*, 2006). Toxic Cu concentrations of 0.036 ppm (max) were determined in sampling waters in spring time. Therefore, the present study was aimed to show effects of zeolite administered alone or in combination with copper sulphate on biochemical components of blood serum of carp, *Cyprinus carpio*.

## MATERIALS AND METHODS

This study has been carried out Toxicology Institute of Hafik Vocational School of Cumhuriyet University in Turkey. Prior to the experiment, fish were acclimatized to laboratory conditions for 15 days. In river water, at spring season, copper value was recorded as 0.036 mg/L (max) which was higher than acceptable level of 0.02 ppm. The dose of CuSO<sub>4</sub> (5H<sub>2</sub>O) was decided as 2ppm which was lower than the 96 h LC<sub>50</sub>. At the present study, considering alkalinity value of water, zeolite dose was used as 60 mg/l (Tepe *et al.*, 2004).

Three groups, each of three fishes, were administered with CuSO<sub>4</sub> (5H<sub>2</sub>O) at 2 mg/L, Zeolite at 60 mg/L and CuSO<sub>4</sub> (5H<sub>2</sub>O) at 2 mg/L + zeolite at 60 mg/L. The fourth group was maintained as control and was without any treatment. Fish were kept in 100 L glass aquaria including 10 fish with 37.8 ± 0.01 g. CuSO<sub>4</sub> and Zeolite were added to aquariums in aqueous solutions. The fish were fed twice daily with a commercial carp pellet. Aquariums were cleaned daily. The mean temperature of the water during experiment was 22±1°C. pH values of water in aquariums were between 7.8 and 8.1 during the experiment. Hardness, alkalinity, dissolved oxygen and pH values were between 234 - 240 mg/L CaCO<sub>3</sub>; 238 - 240 mg/L CaCO<sub>3</sub>; 5.9 mg/L - 6.2 mg/L and 7.8 - 8.1 respectively.

The study lasted for 90 days. Blood samples were taken at 30, 60, and 90 days from the end of caudal fin by injection needle and were centrifuged at 4000 rpm for 10 min prior to biochemical analysis by using Vitros System Chemistry 350 auto analyzer (Blaxhall and Daisley, 1973; Aziz *et al.*, 1993; Atamanalp *et al.*, 2002).

### Statistical analysis

The effects of CuSO<sub>4</sub> concentrations on blood parameters obtained from the blood of fish in the *in vivo* experiment were determined using one-way ANOVA, and means were subjected to a multiple comparison test (Duncan) at the  $\alpha = 0.05$  level (Winer *et al.*, 1991).

## RESULTS

Table I shows change in the body weight, while Table II shows effect of zeolite alone or in combination with CuSO<sub>4</sub> on the blood serum biochemical components of the fish.

### Fish behaviour

Although there was no significant change in proportion to beginning of the experiment, the fish behaviour after CuSO<sub>4</sub> but they seemed to move slower than control and CuSO<sub>4</sub> + Zeolite group. The fish have started gathering generally at the bottom edges of the aquarium containing CuSO<sub>4</sub>. The carp fish in Zeolite group have not shown distinguishing behaviors significantly different from the control and CuSO<sub>4</sub> + Zeolite groups. Although the pellet intake of fish in CuSO<sub>4</sub> group did not show any difference from the control, CuSO<sub>4</sub> + Zeolite and only Zeolite groups, their willingness and behavior of feeding decreased after 72<sup>nd</sup> day of the experimental duration.

### Weight gain

Significant differences were observed between weight gains of carp ( $p < 0.05$ ) (Table I). The mean weight of the fish at the beginning of the study was 37.8±0.01 g. At the end of 35 day trial period, the mean weights of the fish were found to be 44.2±0.01g in control group, 43.8±0.01 g in copper and zeolite group, 41.9±0.01 g in zeolite group, and 41.7±0.01 g in copper sulfate group. At the end of 65 day trial period, the mean weights of the fish were 51.3±0.01g in control group, 48.6±0.01 g in copper sulfate and zeolite group, 45.7±0.01 g in zeolite group, and 44.9±0.01 g in copper sulfate group. At the end of 90-day trial period, the mean weights of the fish were 59.6±0.01g in control group, 55.3±0.01 g in copper and zeolite group, 49.9±0.01 g in zeolite group, and 47.8±0.01 g in copper sulfate group.

### Biochemical components of blood serum

There were significant differences GLU, BUN, TP, ALB, GLB, CR, TBIL and UA values among the groups ( $P < 0.05$ ) (Table II). TP value decreased, but GL, TBIL, UA and DBIL values of CuSO<sub>4</sub> group increased significantly compared to control group ( $p < 0.05$ ). As seen in Table II, GLU level in CuSO<sub>4</sub> group was 143.30 mmol/L at the end of 90-day trial group. In CuSO<sub>4</sub> + Zeolite group, the same value was found to be 140.50 mmol/L, whereas in Zeolite group, it was found to be 161.07 mmol/L. Glu values in Control group were found to be 135.77 mmol/L, 137.40 mmol/L, and 136.93 mmol/L in 35, 65, and 90 days of trial periods, respectively. The differences among the groups were

**Table I.-** Changes in weight (g) of carp with  $37.8 \pm 0.01$  initial weight exposed to  $\text{CuSO}_4$  ( $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ ) 2 mg/l),  $\text{CuSO}_4$  ( $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ ) 2 mg/l) + Zeolite (60 mg/l), Zeolite (60 mg/l) for 90 days.

Treatment	Period (Day)				Weight increase (%)
	0	30	60	90	
Control (0 mg)	37.8±0.01	44.2 ± 0.01	51.3 ± 0.01	59.6 ± 0.01	57.67
$\text{CuSO}_4$ (2 mg/L)	37.8±0.01	41.7 ± 0.01*	44.9 ± 0.01	47.8 ± 0.01	26.45
Zeolite (60 mg/L)	37.8±0.01	41.9 ± 0.01	45.7 ± 0.01	49.9 ± 0.01	32.01
$\text{CuSO}_4$ +Zeolite (2 mg/L+60 mg/L)	37.8±0.01	43.8 ± 0.01	48.6 ± 0.01	55.3 ± 0.01	46.29

\* Values represent mean  $\pm$ SEM.

statistically significant ( $P < 0.05$ ). While the minimum glucose value at the end of 35-day trial period was observed in  $\text{CuSO}_4$  group, the minimum values in 65-day and 90-day trial periods were observed in  $\text{CuSO}_4$  and Control groups, respectively. The maximum glucose value at the end of 90-day trial period was observed in Zeolite group.

The BUN in  $\text{CuSO}_4$  group was 2.30  $\mu\text{mol/L}$  in 35 days trial period, 2.60  $\mu\text{mol/L}$  in 65-day trial group, and 2.80  $\mu\text{mol/L}$  in 90 days trial group. The differences among the above groups were statistically significant ( $P < 0.05$ ). Minimum BUN values at the end of 35-day, 65-day and 90-day trial periods were observed in Zeolite, Zeolite, and control groups, respectively. The maximum BUN value was observed in  $\text{CuSO}_4$  + Zeolite group at the end of 90-day trial period.

The total protein (TP) content in  $\text{CuSO}_4$  group were 1.54 g/l at the end of 35 days, 1.26 g/l at the end of 65 days, and 1.10 g/l at the end of 90 days trial group. In analyses performed in Control group, the total protein values were found to be 4.21 g/l, 4.15 g/l, and 4.12 g/l in 35, 65 and 90 days of trial periods, respectively. The differences among the groups were statistically significant ( $P < 0.05$ ). The minimum TP values at the end of 35-day, 65-day and 90-day trial periods were observed in  $\text{CuSO}_4$  group, whereas the maximum TP value was observed in Control group at the end of 90-day trial period. This result indicates that the  $\text{CuSO}_4$  implementation decreases the total protein content of blood.

The albumin (ALB) values in the  $\text{CuSO}_4$  group was found to be 0.78 mmol/L at the end of 90 days trial group. In the Zeolite group, these values were found to be 1.47 mmol/L, 1.48 mmol/L, and 1.42 mmol/L, respectively. The differences among the groups were statistically significant ( $P < 0.05$ ). The minimum albumin values at the end of 35-day, 65-day and 90-day trial periods were observed in  $\text{CuSO}_4$  group, whereas the maximum albumin value was observed in Zeolite group at the end of 90-day trial period.

The globulin (GLB) values in the  $\text{CuSO}_4$  group

were found to be 3.34 mmol/L at the end of 35 days, 3.60 mmol/L at the end of 65 days and 4.07 mmol/L at the end of 90 days trial group. In Control group, the GLB values were found to be 1.68 mmol/L, 1.68 mmol/L, and 1.68 mmol/L in 35, 65 and 90 days of trial periods respectively. The differences among the groups were statistically significant ( $P < 0.05$ ). The minimum GLB values at the end of 35-day, 65-day and 90-day trial periods were observed in Control group. The maximum albumin value was observed in  $\text{CuSO}_4$  group at the end of 90-day trial period.

The creatinine (CR) in  $\text{CuSO}_4$  group indicated the results of 0.33  $\mu\text{mol/L}$  at the end of 35 days trial period, 0.38  $\mu\text{mol/L}$  at the end of 65 days trial group, and 0.40  $\mu\text{mol/L}$  at the end of 90 days trial group. The CR in Control group, the CR values were found to be 0.22  $\mu\text{mol/L}$ , 0.20  $\mu\text{mol/L}$ , and 0.20  $\mu\text{mol/L}$  in 35, 65 and 90 days of trial periods respectively. The differences among the groups were statistically significant ( $P < 0.05$ ). While the minimum CR values at the end of 35-day, 65-day and 90-day trial periods were observed in Control group, The maximum CR value was observed in  $\text{CuSO}_4$  group at the end of 90-day trial period.

The total bilirubin (TBIL) in  $\text{CuSO}_4$  group was 0.73  $\mu\text{mol/L}$  at the end of 35 days, 0.74  $\mu\text{mol/L}$  at the end of 65 days, and 0.12  $\mu\text{mol/L}$  at the end of 90 days trial group. These values in  $\text{CuSO}_4$  + Zeolite group were found to be 0.53  $\mu\text{mol/L}$ , 0.53  $\mu\text{mol/L}$ , and 0.65  $\mu\text{mol/L}$ , respectively. In Zeolite group, these values were 0.57  $\mu\text{mol/L}$ , 0.57  $\mu\text{mol/L}$ , and 0.57 mmol/L, respectively. In Control group, the total bilirubin values were found to be 0.41 mmol/L, 0.43 mmol/L, and 0.43 mmol/L in 35, 65 and 90 days of trial periods, respectively. The differences among the groups were statistically significant ( $P < 0.05$ ). The minimum total bilirubin values at the end of 35-day, 65-day and 90-day trial periods were observed in control group, the maximum total bilirubin value was observed in  $\text{CuSO}_4$  group at the end of 90-day trial period.

The uric acid (UA) concentration in  $\text{CuSO}_4$  group was 3.89 mmol/L at the end of 35 days, 3.85 mmol/L at the end of 65 days, and 3.94 mmol/L at the end of 90

Table II.- Effect of Zeolite and copper sulphate administered alone and in combination for 90 days on the various biochemical components of *Cyprinus carpio*.

	Control			CuSO <sub>4</sub>			Zeolite			CuSO <sub>4</sub> + Zeolite			
	30	60	90	30	60	90	30	60	90	30	60	90	
	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	Mean±SD	
Glucose (mmol/L)	135.78	137.4	136.93	136.70±0.83	135.6	148.3	135.23±13.25*	158.43	161.07	159.97±1.37	128.57	140.5	125.8±16.28
Total protein (g/L)	4.21	4.15	4.12	4.16±0.05	1.26	1.1	1.30±0.22	4.35	4.1	4.35±0.25	3.2	3	3.3±0.36
Albumin	1.37	1.35	1.32	1.35±0.03	1.06	0.78	1.01±0.21	1.48	1.42	1.46±0.03	1.16	1.02	1.2±0.16
Globulin	1.68	1.68	1.68	1.68±0.00	3.6	4.07	3.70±0.33	2.89	2.98	2.93±0.05	2.08	2.15	2.1±0.05
Total bilirubin (µmol/L)	0.41	0.43	0.43	0.42±0.01	0.74	0.72	0.73±0.01	0.57	0.57	0.57±0.00	0.53	0.65	0.6±0.07
Direct bilirubin (µmol/L)	0.21	0.23	0.23	0.22±0.01	0.52	0.57	0.52±0.05	0.28	0.27	0.31±0.06	0.38	0.45	0.4±0.09
Blood urea nitrogen (µmol/L)	2.12	2.1	2.1	2.11±0.01	2.6	2.8	2.57±0.25	2	2.19	2.02±0.16	2.7	2.89	2.7±0.24
Uric acid (µmol/L)	1.27	1.36	1.36	1.36±0.01	0.38	0.4	0.37±0.04	0.27	0.29	0.29±0.02	0.29	0.31	0.3±0.02

\* Values in parentheses represents overall mean ±SD.

days trial group. In Control group, the uric acid values were found to be 1.27 mmol/L, 1.36 mmol/L, and 1.36 mmol/L in 35, 65 and 90 days of trial periods respectively. The differences among the groups were statistically significant ( $P<0.05$ ). The minimum uric acid values were observed at the end of 35-day, 65-day and 90-day trial periods in the Control group. The maximum value was observed in CuSO<sub>4</sub> group at the end of 90-day trial period. These results indicate that the Zeolite is useful in controlling the uric acid increase due to CuSO<sub>4</sub>.

The direct bilirubin (DBIL) concentration in CuSO<sub>4</sub> group 0.47 µmol/L at the end of 35 days, 0.52 µmol/L at the end of 65 days, and 0.57 µmol/L at the end of 90 days trial group. In Control group, the direct bilirubin values were found to be 0.21 µmol/L, 0.23 µmol/L, and 0.23 µmol/L in 35, 65 and 90 days of trial periods respectively. The differences among the groups were statistically significant ( $P<0.05$ ). The minimum direct bilirubin values at the end of 35-day, 65-day and 90-day trial periods were observed in Control group. The maximum direct bilirubin value was observed in CuSO<sub>4</sub> group at the end of 90-day trial period. These results indicate that the Zeolite is useful in controlling the direct bilirubin increase in presence of CuSO<sub>4</sub>.

Figure 1 depicts the general trend in biochemical changes in the fish after exposure to CuSO<sub>4</sub>, Zeolite and their mixture. CuSO<sub>4</sub> administered at 2 mg/L drastically reduce the total protein (73%) and albumin (41%). Conversely increase in globulin (142%), total bilirubin (70%), direct bilirubin (104%), blood urea nitrogen (33%), creatinine (65%) and uric acid (186%) show liver and kidney damage. The treatment with Zeolite show the same trend as CuSO<sub>4</sub>, though the extent of damage is much less.

The increase in globulin (77%), total bilirubin (33%), direct bilirubin (17%), creatinine (45%) and uric acid (131%) after zeolite treatment is significantly lesser than for CuSO<sub>4</sub> exposure. The mixture of CuSO<sub>4</sub> and zeolite seem to accentuate the liver damage (total bilirubin, + 51%; direct bilirubin, + 96%, total protein, - 27%) and kidney (blood urea nitrogen, (+38%; creatinine, +55%) damage. Uric acid level (+68%) and globulin (+28%) however show moderating effect of Zeolite on CuSO<sub>4</sub> toxicity.

## DISCUSSION

It has clearly been shown that zeolite minerals addition into the feeds has contributed to the health status, feed efficiency, and growth rates. Moreover, when zeolites were part of the diet, it was observed that the intestinal disease incident throughout the young animals showed the tendency towards decrease (Mumpton, 1999).

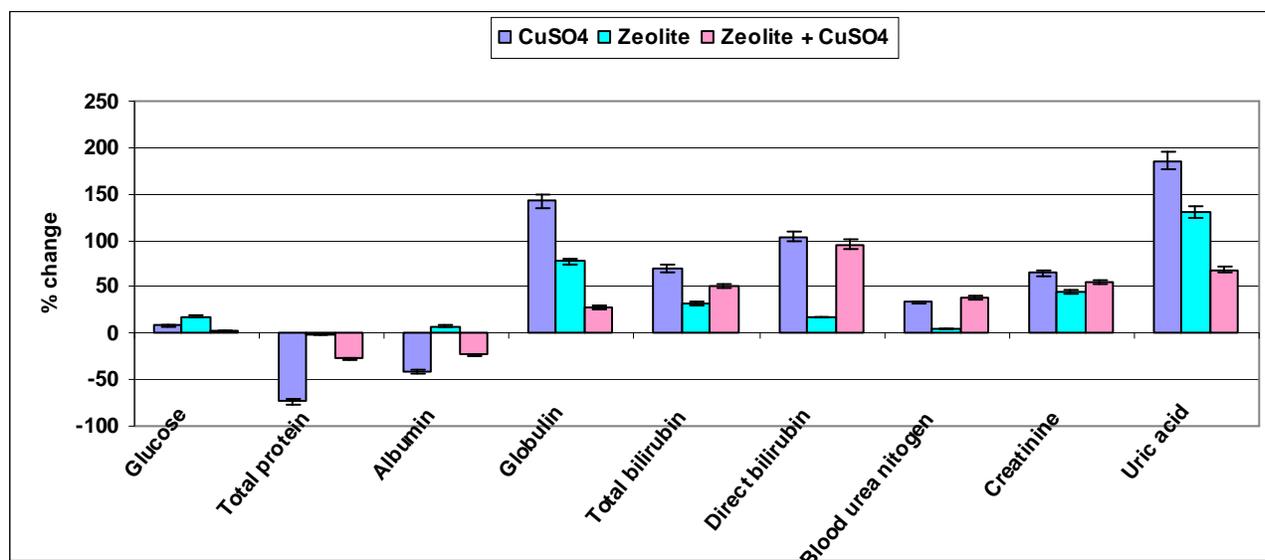


Fig. 1. Effect of CuSO<sub>4</sub>, Zeolite and their combination on percent increase or decrease in the various biochemical components of blood sera of *Cyprinus carpio*.

It was reported that 2-5% of zeolite addition into the feeds of cattle has led to increase in body weight and decrease in diarrhea incidence throughout the animals. Zeolite minerals bound the free ammonia in gastrointestinal tract, and thereby prevent the buildup of ammonia to toxic levels throughout the system (Pond *et al.*, 1981). Determining significantly low growth percentages in all groups except for the control might be interpreted as that copper effected fish negatively in the present study.

The heavy metal exposure of fish leads to harmful effects on immunologic responses of fish (Mumpton, 1985). The serum globulin content was higher in the group exposed to CuSO<sub>4</sub> in this study. It is thought that this was the indication of copper toxicity.

Total glucose level was low in CuSO<sub>4</sub> compared to control group. It might be the sign of hypoglycemia occurring as a result of increases or decreases in liver enzymes' activity under the stress created by copper exposure (Mumpton, 1985).

There was a decrease in total blood protein of fish exposed to CuSO<sub>4</sub>, which might be due to a nephritic syndrome (Fast *et al.*, 1975) or a liver disorder (Fukushima, 1980).

The total bilirubin and direct bilirubin levels in CuSO<sub>4</sub> group increased compared to control group. The creatinine, blood urea nitrogen and uric acid levels from the blood of CuSO<sub>4</sub> group were higher than that of Zeolite group. Similar results were reported in the presence of toxic materials such as exposure to copper

(England, 1975), to pesticides (Fukushima, 1980), and to some other heavy metals and nitrate (Fujimori and Moriya, 1973). Obtaining these higher levels indicate the toxic effect of CuSO<sub>4</sub>. The higher concentrations of blood urea nitrogen and creatinine have shown to be indicators of gill and kidney dysfunction (Fujimori and Moriya, 1973; Fugii, 1974).

Having higher or lower concentrations of hematological parameters of copper exposed group compared to control or zeolite group indicates the positive effects of zeolite used in this study. Similarly, clinoptilolite treatment protected the common carp against copper toxicity by decreasing the adverse effects of lead. It has been thought that high cation capacity of the clinoptilolite removed the copper load within the water, and therefore fish were subject to exposure low concentration copper (Tepe *et al.*, 2004).

## CONCLUSION

Despite that the zeolites are widely used in industry, agriculture, animal husbandry and environmental protection, their effects in appropriate animal models and possible medical applications await detailed studies (Martin-Kleiner *et al.*, 2001). In the present study, it has been observed that the using zeolite in water had effects to prevent copper toxicity. Therefore, it may be suggested using zeolite in aquaculture to provide a safe environment for fish and to get higher production. On the other hand, the dietary and antibiotic effects of zeolites should also

be determined in further experiments.

#### Statement of conflict of interest

Authors have declared no conflict of interest.

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